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Nutrition, Health, and Safety for Young Children: Promoting Wellness

Joanne Sorte, Inge Daeschel, Carolina Amador

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This book provides students with a comprehensive understanding of the nutrition, health, and safety needs of young children from birth through 8 years of age. The book is designed to give future teachers practical, applied, easy-to-understand information that will prepare them to serve young children in the family child care, childcare center, preschool and early primary school setting. Students will find the case scenarios woven throughout the chapters engaging and an effective means to transfer the learning of concepts to real life settings. This transfer of learning is reinforced by web video clips available at the MyEducationlab website that bring what students read and learn to life.

The text demonstrates how a strong curriculum at any age or stage of early childhood, birth through age 8, allows teachers to teach and model healthy practices with regard to nutrition, health, and safety. The authors' accessible and engaging writing style bring the reader into the classroom by weaving in classroom scenarios. In addition, chapter features entitled "Nutrition Notes," "Safety Segments," "Policy Points," and "Health Hints" provide students with information on current topics of interest and controversy while "What ifs.. " feature boxes promote critical thinking skills to make decisions about topics they might encounter in the early childhood setting.

Presents integrated curriculum for teaching nutrition, health and wellness; promotescurrent evidence-based practices; aligns with National Health Education standards; accessible writing style brings readers into the classroom; promotes culturally responsive teaching.

Addresses the obesity epidemic, promoting sustainability, health curriculum, accommodating the nutrition, health and safety needs of all children; building relationships with families

Two-year health, safety, and nutrition courses.

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Barbara Gunter:

The reason? Because this Nutrition, Health, and Safety for Young Children: Promoting Wellness is an unordinary book that the inside of the guide waiting for you to snap the item but latter it will surprise you with the secret this inside. Reading this book alongside it was fantastic author who write the book in such incredible way makes the content inside easier to understand, entertaining technique but still convey the meaning totally. So , it is good for you because of not hesitating having this any longer or you going to regret it. This unique book will give you a lot of rewards than the other book have such as help improving your expertise and your critical thinking approach. So , still want to delay having that book? If I have been you I will go to the publication store hurriedly.

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