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Psychosocial Interventions in Mental Health Nursing (Transforming Nursing Practice Series)

Sandra Walker

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In order to give high quality care it is essential that mental health nurses have a solid grasp of the most common therapies and interventions used in mental healthcare. If nurses understand what the various interventions involve then they will be much better equipped to support patients through their recovery. This is a practical, engaging introduction to the major psychosocial interventions that demonstrates to students what the interventions are, why they are important and how they can be used.

Key features

- Interactive approach through realistic case studies that show how interventions can work to promote recovery

- A patient centred approach considers the social as well as psychological aspects of mental healthcare

- Each chapter is mapped to the relevant NMC standards and Essential Skills Clusters so that readers can see how they are meeting their professional requirements

- Activities throughout challenge the reader to think critically and develop graduate skills

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