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Numerology Box Set: Crack the Hidden Mystery Behind Your Birth Date Plus Learn How to Heal Yourself with Ayurveda Treatments (Numerology Box Set, numerology magic, chakras balancing)

Lina Dorsey

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BOOK #1: Numerology: Cracking the Hidden Mystery Behind Your Birth Date

The mathematical art of numerology has many adherents who value its benefits. To help you join this group, Numerology: cracking the hidden mystery behind your birthday offers an introduction to the subject, complete with definition, brief history and principles of practice. It is designed for the beginner who would like to undertake a reading in the near future or perhaps learn to conduct them with clients. Using the numbers reduced from your birthday, a world of revelation is at hand that will impact one's life events. It is a great tool to foster self-awareness and understanding and it can be used to decipher the meaning of life.

The book covers a variety of topics, including:

- Definition of numerology for modern times
- Brief origin of the term
- Use of numerology
- The meaning of divination
- The mystique of numerology
- How numerology can better your life
- How to calculate an annual number for the upcoming calendar year
- A personality test
- How you can benefit from a numerology career

BOOK #2: Ayurveda: Heal Yourself Naturally with Ayurveda Treatments, Massage, Diet and Tips How to Practice this Ancient Medicine

Ayurveda is an alternative approach to attaining health and well-being that is becoming widely known and accepted around the world. If you assume Western medicine does not have all the answers, this book is for you. You will come to see how this ancient tradition focuses on disease prevention and individual custom treatment to arrive at its goals. It is a holistic approach that is not at all at odds with modern life; in fact, it is the answer to the stress and anxiety that is becoming so rampant. One can learn to help oneself by applying its principle: the connection of mind and body with the world around us.

In the process, the reader will understand various aspects of the treatment including:

- Understanding reasons for Ayurveda therapy
- History and background
- The role of Doshas
- Natural treatment plans
- Diet and yoga exercise
- Meditation for spiritual strength
- Lifestyle changes
- Miscellaneous tips to help undertake an Ayurvedic journey

BOOK #3: Chakras For Beginners: Beginners Guide for Chakra Healing Discipline. Learn 7 Chakras and Open up Yourself to Healthier and Happier Life

If you want to lead a fulfilling, healthy and happy life, then “Chakras For Beginners: Beginners Guide for Chakra Healing Discipline. Learn 7 Chakras and Open up Yourself to Healthier and Happier Life” will help you achieve your aim.
Guiding your through one chakra at a time, this book can help you to understand what chakras are, how they work, and how you can make a real change to your life as a whole.

This book will also teach you how to:

- Differentiate between the 7 chakras
- Understand how each of the chakras work
- Balance each chakra
- Balance all of your chakras so they work in harmony with each other
- Choose the right color clothing to keep you in balance
- Eat the right foods so you can improve specific chakras
- Tell when your chakras are out of alignment

Getting Your FREE Bonus

Download this book, and find **"BONUS: Your FREE Gift"** chapter right after the introduction or after the conclusion.

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The book Numerology Box Set: Crack the Hidden Mystery Behind Your Birth Date Plus Learn How to Heal Yourself with Ayurveda Treatments (Numerology Box Set, numerology magic, chakras balancing) can give more knowledge and information about everything you want. Why must we leave the great thing like a book Numerology Box Set: Crack the Hidden Mystery Behind Your Birth Date Plus Learn How to Heal Yourself with Ayurveda Treatments (Numerology Box Set, numerology magic, chakras balancing)? Several of you have a different opinion about e-book. But one aim which book can give many data for us. It is absolutely correct. Right now, try to closer using your book. Knowledge or facts that you take for that, you can give for each other; it is possible to share all of these. Book Numerology Box Set: Crack the Hidden Mystery Behind Your Birth Date Plus Learn How to Heal Yourself with Ayurveda Treatments (Numerology Box Set, numerology magic, chakras balancing) has simple shape but you know: it has great and large function for you. You can appear the enormous world by start and read a reserve. So it is very wonderful.

Jennifer Games:

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Mitchell Peed:

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