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Holistic Nursing: A Handbook for Practice

Barbara Montgomery Dossey, Lynn Keegan, Cynthia C. Barrere, Mary A. Blaszko Helming

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Holistic Nursing: A Handbook for Practice, Seventh Edition continues as the definitive resource for holistic nursing for both students and professionals. Completely updated and revised, it includes seven new chapters on creative expressions in healing, herbs and dietary supplements, holistic leadership, holistic nursing education, self-care and self-development, advanced holistic nursing practice, and advanced integrative health and well-being practice demonstrated through case study exemplars. With an ideal blend of theoretical and practical content, the Seventh Edition features Dr. Dossey's Theory of Integral Nursing, including an update on global nursing and the UN Millennium goals. There is increased emphasis on teaching holistic nursing in undergraduate and graduate programs, including the use of simulation as an effective teaching pedagogy, an enhanced focus on ways to enrich holistic care to improve patient outcomes through evidence-based practice and research, and new integrative health and wellness assessments. Essential chapters on Nurse Coaching and Dying in Peace, along with all other past chapters, are updated. Each chapter begins with Nurse Healer Objectives to guide learning within the theoretical, clinical, and personal domains and concludes with Nurse Healer Reflections to encourage readers to reflect on what they have learned. Also featured are helpful Directions for Future Research, definitions of key terms, and case studies that illustrate how to use and integrate the interventions into clinical practice. Organized by the five Core Values contained within the American Holistic Nurses Association (AHNA) and the American Nurses Association (ANA) Holistic Nursing: Scope and Standards of Practice, Second Edition: * Core Value 1: Holistic Philosophy, Theories, and Ethics * Core Value 2: Holistic Caring Process * Core Value 3: Holistic Communication, Therapeutic Environment, and Cultural Diversity * Core Value 4: Holistic Education and Research * Core Value 5: Holistic Nurse Self-Reflection and Self-Care Holistic Nursing: A Handbook for Practice, Seventh Edition has been awarded the American Holistic Nurses Association (AHNA) Seal of Distinction. This newly developed Seal of Distinction indicates that the book is aligned with AHNA's mission, vision, and Holistic Nursing: Scope and Standards of Practice, Second Edition; is of interest to holistic nurses and of significant value to the nursing profession; provides knowledge that advances holistic nursing; is timely and relevant; is consistent with relevant historical publications; is scientifically and technically accurate; and is authored by individuals with demonstrated expertise in the field of the work submitted. Each new print copy includes Navigate 2 Advantage Access that unlocks a comprehensive and interactive eBook, student practice activities and assessments, a full suite of instructor resources, and learning analytics reporting tools.

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