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Working with the Core Relationship Problem in Psychotherapy: A Handbook for Clinicians

Althea J. Horner

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Working with the Core Relationship Problem in Psychotherapy: A Handbook for Clinicians Althea J. Horner
A clinician's Rosetta Stone for understanding and treating presenting problems

"I highly recommend this book to therapists of all persuasions."--Allan N. Schore, department of psychiatry and biobehavioral sciences, University of California at Los Angeles School of Medicine

In this important book, noted author, teacher, and psychologist Althea J. Horner shows how to reveal, understand, and use the powerful core relationship problem -- which is formed from earliest childhood and creates an image of the self in relation to others -- so it can act as a Rosetta stone for understanding the underlying conflict that repeatedly plays out in a client's behavior. Once this essential element is uncovered, clinicians learn how to work with their clients to successfully resolve common presenting problems.

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