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How to Read a French Fry: and Other Stories of Intriguing Kitchen Science

Russ Parsons

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Why can you stick your hand into a 450-degree oven but not into 212-degree boiling water without burning it? Why does fish taste different from meat? Why do you cook pork differently from beef? Why should you always start cooking dried beans in cold water, not warm? Why should you never cook a Vidalia onion? What's the only kind of marinade that's really an effective tenderizer? Why is strawberry-rhubarb a good combination, scientifically speaking? And why don't potatoes fried in fresh oil ever brown completely, no matter how long they're cooked?
"Cooking is full of questions that science can help you answer, questions that can make you a better cook," writes the award-winning Los Angeles Times food editor, Russ Parsons. In this entertaining book packed with fascinating tidbits, Parsons explores the science behind such basic cooking methods as chopping, mixing, frying, roasting, boiling, and baking. You'll learn why soaking beans can't offset their gaseous effects, why green vegetables shouldn't be cooked under a lid for long, which fruits you can buy unripe and which you should buy fully ripened, which thickener to choose for your turkey gravy, which piecrust is foolproof for a beginner.
Along the way, Parsons slips in hundreds of cooking tips, provocative trivia, and touches of wit that make his scientific explanations go down smoothly. He also includes more than a hundred recipes that deliciously exemplify the principles he describes, from Tuscan Potato Chips and Crisp-Skinned Salmon on Creamy Leeks and Cabbage to Chocolate Pots de Creme and Ultimate Strawberry Shortcake.

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From reader reviews:

Ellen Jones:

Playing with family in the park, coming to see the marine world or hanging out with pals is thing that usually you might have done when you have spare time, and then why you don't try thing that really opposite from that. A single activity that make you not sense tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love How to Read a French Fry: and Other Stories of Intriguing Kitchen Science, you may enjoy both. It is great combination right, you still want to miss it? What kind of hangout type is it? Oh can happen its mind hangout guys. What? Still don't get it, oh come on its named reading friends.

Cheri Whaley:

The book untitled How to Read a French Fry: and Other Stories of Intriguing Kitchen Science contain a lot of information on the item. The writer explains the woman idea with easy approach. The language is very simple to implement all the people, so do not worry, you can easy to read this. The book was compiled by famous author. The author brings you in the new age of literary works. It is easy to read this book because you can please read on your smart phone, or program, so you can read the book inside anywhere and anytime. In a situation you wish to purchase the e-book, you can available their official web-site as well as order it. Have a nice read.

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