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# The Art Therapists' Primer: A Clinical Guide to Writing Assessments, Diagnosis, and Treatment

*Ellen G. Horovitz*

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**The Art Therapists' Primer: A Clinical Guide to Writing Assessments, Diagnosis, and Treatment** Ellen G. Horovitz
In this landmark text. Doctor Ellen G. Horovitz shares twenty-nine years of experience as she and her colleague, Sarah L. Eksten, transliterate evidence based art therapy into medical terminology. This treatise spells out the how-to's behind producing art therapy assessments, process notes, significant sessions, objectives and modalities, termination summaries and Internet-based assessments into translatable documentation, designed to dovetail within an interdisciplinary medical model. This step-by-step methodology fashions these reports, places Art Therapy on equal footing with all mental health workers and generates records, which serve as points of departure for future practitioners. The Experienced clinician can gather pertinent skills to enhance his or her practice. The Student or seasoned graduate will harness the necessary armament to write up clinically-based reports that serve as a model for the field, and educators can use this manual as a teaching tool. The Appendices (A-C) provide a wealth of information and forms to use in a clinically-based art therapy practice. Recording and communicating clinical findings in a cogent manner to a clinical medical and/or educational team is the trademark of this opus. This must have reference manual amasses information that will serve as a companion guide for every art therapist (neophyte or seasoned) to formulate clinical reports, and it will aid clients towards a trajectory of wellness, recovery and, above all, health. Through the guidance of Horovitz and Eksten's milestone text, art therapists will not only walk the walk but, more significantly, learn how to talk the talk.

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