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Treatment Resistant Anxiety Disorders: Resolving Impasses to Symptom Remission

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Treatment Resistant Anxiety Disorders: Resolving Impasses to Symptom Remission brings together leading cognitive behavioral therapists from major theoretical orientations to provide clinicians with a greatly needed source of information, skills, and strategies from a wide range of CBT approaches.

It describes how to combine empirically-based findings, broad based and disorder specific theoretical models, and individualized case conceptualization to formulate and apply specific strategies for varied aspects of resistance during treatment of anxiety disorders.

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