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Expanded from a special issue of the *Journal of Cognitive Psychotherapy*, this volume contains some of the most interesting and promising work on dreams coming from therapists and researchers working at the crossroads of cognitive therapy and other systemsófrom a reprint of Beck's only article on cognition and dreams to the influence of modern neurobiology on the use of dreams in cognitive therapy.

These chapters provide a meta-theory of drams that is unique to the cognitive perspective. As such, they begin the process of generating a comprehensive cognitive model of dream work that includes cognitive, affective, physical and behavioral features from which future research and clinical innovations can be built.

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