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Inside Out and Outside In: Psychodynamic Clinical Theory, Practice, and Psychopathology in Multicultural Contexts

Joan Berzoff, Laura Melano Flanagan, Patricia Hertz

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A third edition of this textbook is now available.

With its simple, respectful, user-friendly tone, the first edition of Inside Out and Outside In quickly became a beloved book among mental health practitioners in a variety of disciplines. The second edition continues in this tradition with chapters revised to reflect the most current theory and clinical practice. In addition, it offers exciting new chapters, on attachment, relational, and intersubjective theories, respectively, as well as on trauma.

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