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Schizophrenia: A Blueprint for Recovery

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Schizophrenia: A Blueprint for Recovery provides innovative techniques to work with a person in psychosis, move him or her into recovery and aid in rejoining mainstream society. Topics include the building of psychosis, hallucinations and false perceptions, working with someone in psychosis, stabilizing on medication and counseling for self-understanding. The 2012 Revised Edition includes enhancements in understanding psychosis, a discussion of medication and alternatives and a new appendix to aid in working with a person experiencing psychosis. The 2014 follow-up and companion book, Delusions, Meaning and Transformation, extends the understanding of psychosis and places the original material in Schizophrenia: A Blueprint for Recovery into the context of numerous other strategies for working with and transcending psychosis.

"After my wife and I read Schizophrenia: A Blueprint for Recovery, it was like a light came on for us." - Father of young person formerly in psychosis

"Milt Greek's thoughtful, respectful model for engaging psychotic individuals in treatment is welcome in a field that, in the past, had little to offer therapists who want to help individuals with schizophrenia." - Sandy Watt, M.Ed. Professional Clinical Counselor

"Milt is one of the most articulate and astute authorities on schizophrenia I have ever had the privilege to know or hear." - Tom Walker, NAMI Ohio Board of Trustees member

"Milt's experience and presentations are critical for those who work with persons with thought disorders." - Diane Pfaff, MSW, Athens-Hocking-Vinton 317 Mental Health Board

"Milt Greek's wisdom, acquired from years of living with schizophrenia, resonated with me." - Christina Bruni, author and expert blogger on schizophrenia

"Milt Greek's crisis intervention presentation is one of the best I've seen. His talk 'Basics of Psychotic Thinking and Feeling' mesmerized the audience." - Fred Frese, Ph. D.

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Teressa Fernandez:

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