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Chakras: Chakras For Beginners: Discover The Seven Major Chakras: Balance Chakras, Radiate Energy and Heal Emotional, Physical and Mental Imbalances ... ... Books - Chakras Bible - Chakras Healing)

Alicia Stevens

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Find Balance And Maximise Your Energy

Are you interested in maximising your energy? Would you like to find a natural way to alleviate the symptoms of disease? Do you wish for days when your mind, emotions and physical body can be perfectly in sync? If you answer yes to these questions, then this is the right book for you. Chakras for beginners is a book that focuses on how you can use chakras to find balance in your life. Chakras are basically energy centres in your body, and there are seven main energy centres. These centres can all be easily traced using your spine. Understanding these centres, and how they move in and affect your life, can help you find healing for a variety of physical, mental and emotional issues you may be facing. These issues include addiction, stress, lack of confidence, self-awareness, obesity and more. The energy centres that chakras represent can be found on your lower back, all the way up to the top of your head. For ease of differentiation, each chakra is represented with a name and a colour.

10 Benefits Of Balancing Chakras

-Increased awareness and openness to Psychic and -Spiritual Information -Faster and greater ability to heal your Physical, Emotional, Mental and Spiritual Issues -Transform weaknesses into strengths -Increased Passion for Life -Experience the Power of living Present in the Now -Access financial wisdom -Greater pleasure and enjoyment in life -Realization of your self worth -Self confidence to accept and express yourself -Express and release emotions in a healthy manner

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Wanda Mason:

Within this era which is the greater man or who has ability in doing something more are more precious than other. Do you want to become one among it? It is just simple way to have that. What you have to do is just spending your time not very much but quite enough to possess a look at some books. One of several books in the top list in your reading list is usually Chakras: Chakras For Beginners: Discover The Seven Major Chakras: Balance Chakras, Radiate Energy and Heal Emotional, Physical and Mental Imbalances ... ... Books - Chakras Bible - Chakras Healing). This book which is qualified as The Hungry Hills can get you closer in becoming precious person. By looking right up and review this guide you can get many advantages.

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