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Beyond Cholesterol: 7 Life-Saving Heart Disease Tests That Your Doctor May Not Give You (Lynn Sonberg Books)

Julius Torelli, George Ryan

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The latest scientific research has revealed that cholesterol levels are not the definitive indicator of heart disease risk. In fact, there are six new lab tests and a CT scan that can reveal much about the state of your heart and cardiovascular system. Dr. Torelli explains what the tests are, what they reveal, and how to get them. He also includes information on women's heart health, and dietary and lifestyle factors that impact cardiovascular disease.

Beyond Cholesterol includes information on:
*C-Reactive Protein
*Fibrinogen
*Homocysteine
*Fasting Insulin
*Ferritin
*Lipoprotein(a)
*Calcium Heart Scan

Cholesterol tests are valuable but they don't tell the whole story. This book explains how to get the most important information needed to determine how healthy your heart is and to stop heart disease in its tracks.

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